

## HOW TO WRITE THE PRESENTATION

The DIALOGUE QUESTIONS listed in each talk are for written reflection and dialogue by the presenting couple. Allow enough time to do a thorough job. Once this is done the OUTLINE FOR PRESENTATION will serve as a guideline for putting the feelings and thoughts expressed in answering the questions into an honest and open presentation. Twenty minutes is a good time length to work toward.

Make sure there are feeling words and concrete examples in the talk. If there is something you simply can't share at this time, work with the other questions or something that might occur to you because of the topic. These are only guidelines meant to help you look at your vivencia. Use personal pronouns, I, we, etc., and avoid lecturing or teaching. Again, it is the personal experience of what you learned or perceived that is valid in this type of talk.

We, the Image Training Team for Milwaukee Marriage Encounter, will go on record as saying the greatest personal growth takes place when we take on a topic that is somewhat "touchy". We promise growth in confidence and in other areas of your married life as you become a presenting couple.

HDIF - How do I feel?

HDIFAT - How do I feel about that?

HDTMMF - How does that make me feel?

OUTWARD SIGNS OF GREETING OR AFFECTION (To Hug Or Not To Hug)

PURPOSE: To examine how you feel about giving or receiving signs of affection in public.

DIALOGUE QUESTIONS BEFORE WRITING PRESENTATION:

Before preparing your presentation, answer the following questions in writing and then dialogue on them.

1. HDIF about hugging? Is hugging meaningful or ritualistic for me?
2. How did my parents show physical signs of affection?
3. Was I hugged and kissed as a child? What occasions would prompt this? HDIFAT now?
4. Do I hug my children?
5. Do I give physical signs of affection to my spouse in front of the children and others?
6. What makes me feel comfortable with outward signs of affection?
7. When, where, why and with whom am I uncomfortable about showing signs of affection?
8. HDIF about hugging someone of the same sex? HDIF about hugging someone of the opposite sex?
9. HDIF when my spouse shows signs of affection toward someone of the opposite sex?
10. HDIF if I don't want to hug when everyone else is hugging?
11. HDIF when someone insists on hugging me when I don't want to?
12. If I don't participate, what are the consequences of not hugging (psychological, social)?
13. In what ways am I sensitive to other people's feelings about hugging or other signs of affection?
14. Do I withhold signs of affection when I'm angry? Why or why not?

OUTLINE FOR PRESENTATION:

Suggested time for your presentation is twenty minutes.

I Introduction

- A. State the purpose of the talk as given above.
- B. Define affection, hugging.

II Body

- A. Describe how I feel about outward signs of affection, hugging.
- B. What effect did my childhood and family have on my attitudes toward signs of affection?
- C. Do I show signs of affection? To who? Why? HDTMMF?
- D. Give some personal examples of when I was reluctant to show signs of affection.
- E. Have I felt the need to change my attitude toward signs of affection?
- F. Do I believe that signs of affection are an important part of my love relationships/friendships?

III Conclusion

What have I learned about myself while writing this presentation?

SHARING QUESTION FOR THE MEETING (BEFORE PRESENTATION):

On what recent occasion did I appreciate getting a hug?

DIALOGUE QUESTIONS FOR THE MEETING (AFTER PRESENTATION):

HDIF about hugging?

Does my spouse share the same feelings? If not, HDTMMF?

SCRIPTURE READING:

First Letter of John 3:8