

HOW TO WRITE THE PRESENTATION

The DIALOGUE QUESTIONS listed in each talk are for written reflection and dialogue by the presenting couple. Allow enough time to do a thorough job. Once this is done the OUTLINE FOR PRESENTATION will serve as a guideline for putting the feelings and thoughts expressed in answering the questions into an honest and open presentation. Twenty minutes is a good time length to work toward.

Make sure there are feeling words and concrete examples in the talk. If there is something you simply can't share at this time, work with the other questions or something that might occur to you because of the topic. These are only guidelines meant to help you look at your vivencia. Use personal pronouns, I, we, etc., and avoid lecturing or teaching. Again, it is the personal experience of what you learned or perceived that is valid in this type of talk.

We, the Image Training Team for Milwaukee Marriage Encounter, will go on record as saying the greatest personal growth takes place when we take on a topic that is somewhat "touchy". We promise growth in confidence and in other areas of your married life as you become a presenting couple.

HDIF - How do I feel?

HDIFAT - How do I feel about that?

HDTMMF - How does that make me feel?

IS IT TIME FOR CHANGE?

"How small is the life of the person who places his hands between his face and the world, seeing naught but the narrow lines of his hands." Kahlil Gibran

PURPOSE: To examine recent changes in our lives and what impact they had on us.

DIALOGUE QUESTIONS BEFORE WRITING PRESENTATION:

Before preparing your presentation, answer the following questions in writing and then dialogue on them.

1. HDIF about changes, large or small, in my life?
2. Do I always recognize the changes as they are happening?
3. Do I see them as positive or negative influences?
4. What part has my attitude played in these changes?
5. Do my beliefs in self allow me to change?
6. Do my beliefs promote change? If so, how?
7. Have my values changed over the years?
8. Has fate played a part in changing my life? Describe.
9. In what way has growth caused changes in my life? HDTMMF?
10. How have we grown as a couple because of changes?
11. How have we grown as a family?
12. How have individual family members brought changes into our lives?
14. What social organizations have caused changes and how?
15. Has health played a part in my life's changes?
16. Has society brought change into my life? Describe.
17. Have I discovered something about myself after writing on these questions? HDTMMF?

TELEPHONE QUESTION FOR COUPLES:

Ask them to dialogue on question number ten.

OUTLINE FOR PRESENTATION:

Suggested time for your presentation is twenty minutes.

I Introduction

- A. State the purpose of the talk as given above.
- B. Give your definition of change.
- C. Describe how you feel about change.

II Body

- A. Thinking back, what kind of person was I as far as accepting changes in my life?
 - 1. As a youngster?
 - 2. As a young adult?
 - 3. As a newlywed?
- B. How, if at all, have I changed my attitudes up to this moment in time?
 - 1. What may have caused this change?
 - 2. Describe in an example what the change is and HDIFAT?
 - 3. Did this influence us as a couple? As a family?
- C. If I could have changed my attitude, what would I have done differently?

III Conclusion

What have I discovered about myself and/or us as a couple due to change and HDIFAT?

SHARING QUESTION FOR THE MEETING (BEFORE PRESENTATION):

HDIF about changes in my life?

DIALOGUE QUESTION FOR THE MEETING (AFTER PRESENTATION):

What was the most significant change in the last year and HDTMMF?